



WRINKLE FORMATION, NOT ONLY DUE TO AGE

Wrinkles are the traces of time. It is the testament of aging and the fear of many women. As we grew older and our body experience aging, the wrinkles will emerge on women's skin. So, are young people free from wrinkles dilemma? Not entirely true, wrinkle formation does not only happen to older people, as it is related directly to our daily lives as well.

Bad Habits To Premature Aging

So what external factors caused by humans which fasten the skin aging and hence form wrinkles?

- 1 Imbalanced diet:** Especially for those who are on diet or picky eaters. They are more prone to experience insufficient nutrients on skin.
- 2 Lack of exercise:** The body is constantly in a stationary state. This can cause imbalance in different body functions which cause wrinkles to form earlier than it should.
- 3 Addicted to smoking and alcohol:** Smoking and alcohol produce a lot of irritants. Long term irritation can cause skin to lose its firmness and fasten skin aging.
- 4 Stay up late and overworked:** "Borrowed" time from sleep. This causes imbalance to body free radicals metabolism, thus, promotes rough skin.
- 5 Emotional imbalance:** Overthinks and overly-expressive, easy to cause skin on face to lose firmness and causes fine lines.
- 6 Over-exposure to the sun and lack of water:** Extreme sun exposure can damage the skin and causes it to become dry. If there is a lack of water, the elastic fibers and collagen fibers can lose its normal function.
- 7 Improper skincare:** Unsuitable makeup products and water temperature too high when washing face can cause dryness in skin which causes fine lines.

The Root Cause Of Wrinkle Formation

By referring to all of the above, we know that there are many factors which cause wrinkle formation. However, the factors are same which cause skin internal damage - collagen, elastin and fibers.

It is a fact that humans experience aging, but we can slow down wrinkle formation. The emergence of fine lines and dry lines is the precursor of wrinkles. So, instead of avoiding wrinkles, it is better to start by preventing fine lines.

It is a must to control and improve your diet and lifestyle. You may try the following **K-LINK** products to replenish nutrients to your skin:



Triple Stem Cell

It contains 4 powerful ingredients including apple stem cell extract, grape stem cell extract, argan stem cell extract and milk protein (GFC™). It stimulates the growth of stem cells in the skin, keeping the skin young and beautiful.



K-Liquid Mixed Collagen Drink

It is a natural beauty drink, with delicious fruity aroma, rich with collagen for smoother and brighter skin. It helps to regain the glow and youthfulness of your skin!



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